

Semester 1				
	Humanities	Business	Informatics	Engineering
Session 1 – Introduction to ITB	Sports Hall 1-2pm 18 th September	Sports Hall 1- 2pm 19 th September	Sports Hall 1-2pm 20 th September	Student Common Room 1-2pm 21 st September
Session 2 – Student Support Services	Sports Hall 1-2pm 25 th September	Sports Hall 1- 2pm 26 th September	Sports Hall 1-2pm 27 th September	Student Common Room 1-2pm 28 th September
Session 3 – Effective Time Management	Sports Hall 1-2pm 2 nd October	Sports Hall 1- 2pm 3 rd October	Sports Hall 1-2pm 4 th October	Student Common Room 1-2pm 5 th October
Session 4 – Wellness and How to Deal With Stress (and PIZZA!)	Sports Hall 1-2pm 9 th October	Sports Hall 1- 2pm 10 th October	Sports Hall 1-2pm 11 th October	Student Common Room 1-2pm 12 th October
Semester 2				
Session 1	Details to be decided			